

SVHE Volleyball Players Team Rules

Attitude and Code of Conduct:

1. Exhibit Christian character at all times. Realize you are representing the Lord Jesus Christ, your parents, S.V.H.E., your coach, fellow players, fans and your town.
2. Respect all coaches which includes being submissive and teachable. Respect others in authority here and while visiting other towns which includes officials, parents and other players.
3. Respect the use of public facilities and equipment at all times in all situations.
4. Demonstrate good Sportsmanship before, during and after all games.
5. Be modest when successful and be gracious in defeat.
6. Be aware of your language and conduct around younger players. All players are asked to use God-honoring speech and conduct in practice, while traveling to games and around the team in general. A warning will be given for offensive language or behavior but will not be tolerated.

Practice:

1 Attendance – All girls must make every effort to attend practice on time. If you are unable to attend, please call and let one of the coaches know. Missing a practice without letting the coach know will result in not being able to play the first set of a scheduled match. Habitual tardiness without excuse or a phone call will result in a player not being able to play the first set of a match scheduled the week of being tardy.

2. Dress – **Practice:** Players should come with all necessary equipment which includes shoes, knee pads and water bottle. If a player does not have appropriate shoes she will be asked to sit out of practice and not participate. Players are asked to dress modestly to practice. No spaghetti strapped tops, low cut shirts, short shorts, or shorts with writing on the back; and no shirts are allowed with offensive writing or graphics.

Games: At home games, players are asked to come in uniform or nice casual dress slacks or skirts. No immodest tops such as low cut, thin strapped, or inappropriate wording. At away games we would like nice casual dress slacks or skirts worn. This shows a presence of togetherness as a team. Please allow enough time when travelling to games to get changed.

Games:

Players should be at all games on time with appropriate shoes, socks, knee pads, uniform and hair up out of face. No jewelry should be worn.

Players need to sit together and stay together before, during and after the game until the coaches dismiss them. No going into stands to talk to friends or parents unless being dismissed or excused from a coach. Please be respectful of all facilities and equipment, be courteous and hospitable at all times.

If you have any questions or if you are unable to attend practice or will be late to practice please contact:

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