

Smoky Valley Home Educators 2018-19 Basketball Registration

Registration Deadline Oct 14, 2018 to avoid late fee

Player Fee Deadline: October 27, 2018 to avoid late fee

Basketball Player's Name _____

Address _____

Birth date (xx/xx/xx) _____ Grade in School _____

Height _____

Allergies or other medical problems to be aware of:

Parents' Name _____

Phone Numbers: Home _____ Work _____ Cell _____ Email
address (parents') _____

AUTHORIZATION

I, the undersigned parent or guardian of _____ (name of your child) a minor, do hereby authorize any coach of the SVHE sports program or his or her designee to select hospital facilities and/or physician of his choice and authorize treatment of the above named sports players on an emergency basis in the event such treatment becomes necessary as a result of the participation in the SVHE sports program including transportation to and from games. I hereby grant permission for him or her to participate in the SVHE sports program, and acknowledge the fact that he or she is physically able to participate in sports activities. I will be responsible for all medical bills incurred as a result of illness or accidents for which medical treatment is necessary while the above-named minor is participating in sports activities, except those bills covered by insurance.

Parent signature _____ Date _____

Received & Read the copy of the SVHE Sports Mission Statement & Guidelines

Yes _____ No _____

Areas in which I, as a parent, would like to volunteer in to help the team effort: (Help needed with scorebook, clock, admissions, post-game clean-up, etc.) Each family is expected to sign up to help with concession stand work.

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High School Basketball Fee \$150

Junior High Basketball Fee \$100

Non-members add \$30 Late fee add \$30

Gym Use Fee: There may be a gym use fee to offset additional gym fees. The amount will be determined based on cost and number of players and will be announced soon.

Make checks payable to SVHE Basketball and may be mailed to Heather Day, 528 Beechwood Rd, Salina, KS 67401

UNIFORMS: Uniforms are loaned to players but remain the property of Smoky Valley Home Educators. Replacement cost for lost or damaged uniforms will be the responsibility of the player. Uniform replacement cost is \$50 for each shirt (home & away), \$30 for shorts.

Uniform size (please circle shirt & short size)

Shorts (boys & girls): Y-M Y-L S M L XL

Girls Shirts: S M L XL

Boys Shirts: Y-XL S M L XXL

CONCUSSION & HEAD INJURY INFORMATION RELEASE FORM 2018-2019

This form must be signed by all student athletes and parent/guardians before the student participates in any athletic or spirit practice or contest each school year. A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.

In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- Headaches •“Pressure in head” •Nausea or vomiting •Neck pain •Balance problems or dizziness •Blurred, double, or fuzzy vision •Sensitivity to light or noise •Feeling sluggish or slowed down •Feeling foggy or groggy •Drowsiness •Change in sleep patterns •Amnesia •“Don’t feel right” •Fatigue or low energy

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•Sadness •Nervousness or anxiety •Irritability •More emotional •Confusion •Concentration or memory problems (forgetting game plays) •Repeating the same question/comment

Signs observed by teammates, parents, and coaches include:

•Appears dazed •Vacant facial expression •Confused about assignment •Forgets plays •Is unsure of game, score, or opponent •Moves clumsily or displays uncoordination •Answers questions slowly •Slurred speech •Shows behavior or personality changes •Can't recall events prior to hit •Can't recall events after hit •Seizures or convulsions •Any change in typical behavior or personality •Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon? Athletes with the signs and symptoms of concussion should be removed from play immediately.

Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one (second impact syndrome).

This can lead to prolonged recovery, or even to severe brain swelling with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately.

No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from a Medical Doctor (MD) or Doctor of Osteopathic Medicine (DO).

Close observation of the athlete should continue for several hours. You should also inform your child's coach if you think that your child may have a concussion Remember it is better to miss one game than miss the whole season. When in doubt, the athlete sits out!

Return to Practice and Competition

The Kansas School Sports Head Injury Prevention Act provides that if an athlete suffers, or is suspected of having suffered, a concussion or head injury during a competition or practice, the athlete must be immediately removed from the competition or practice and cannot return to practice or competition until a Health Care Professional has evaluated the athlete and provided a written authorization to return to practice and competition. The KSHSAA recommends that

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an athlete not return to practice or competition the same day the athlete suffers or is suspected of suffering a concussion. The KSHSAA also recommends that an athlete's return to practice and competition should follow a graduated protocol under the supervision of the health care provider (MD or DO).

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/headsup/youthsports/athletes.html>

For concussion information and educational resources collected by the KSHSAA, go to:

<http://www.kshsaa.org/Public/General/ConcussionGuidelines.cfm>

Student-athlete Name Printed Student-athlete Signature Date

Parent or Legal Guardian Printed Parent or Legal Guardian Signature Date